

# Activity Sheet 1.1

## Skills Audit

Name: \_\_\_\_\_

Key:  
 1 = very good  
 2 = good  
 3 = poor  
 4 = very poor

	How good do you think you are at ...	Score Before	Score After	Example during the Activity When I / We ...
<b>Group Work</b>	Working in a team?  Working with people you have not worked with before?  Recognising other people's strengths?			
<b>Communication</b>	Asking questions to get help or information?  Saying the things you want to say to: <ul style="list-style-type: none"> <li>• people your own age?</li> <li>• adults?</li> </ul> Understanding other people's points of view?			