

Core Activity Sheet 1.2

Chameleon Me

The chameleon is an animal that is able to change the colour of its skin to blend in with its surroundings – a clever trick, as this means it is less likely to be seen and eaten by larger animals who would like to eat it! Human beings do not have to worry about being someone else's dinner of course, but it is a fact that we all do make small changes to the way we look and behave according to who we are with.

The chart below asks you to think about the way in which you change yourself in different group situations. As you fill it in you should try to answer the points as honestly as possible.

	HOME	SCHOOL	FRIENDS
Clothes			
Language			
Behaviour			